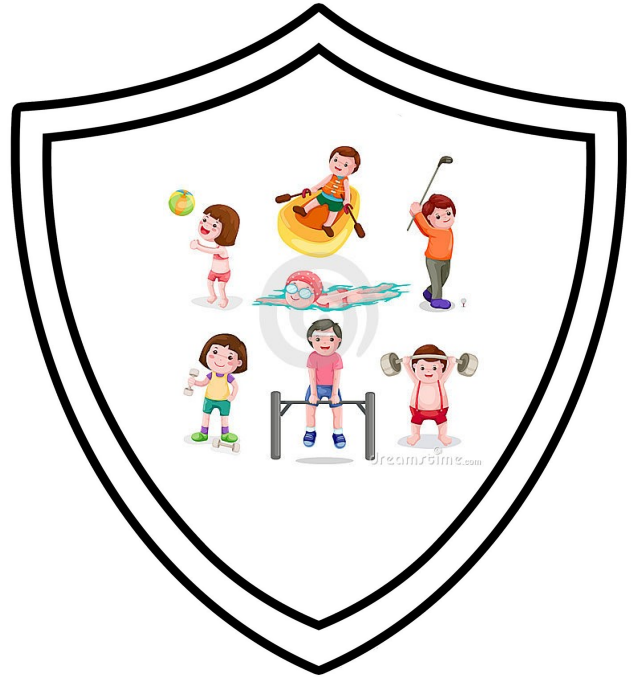
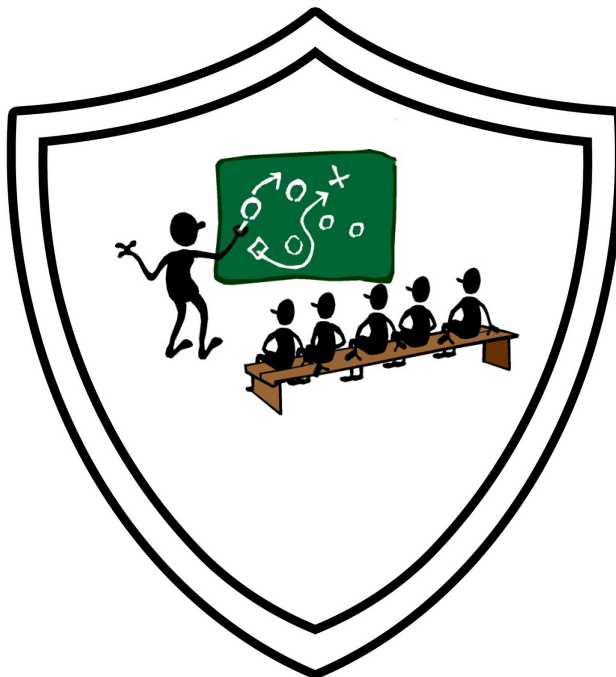




courage



Strength and activity



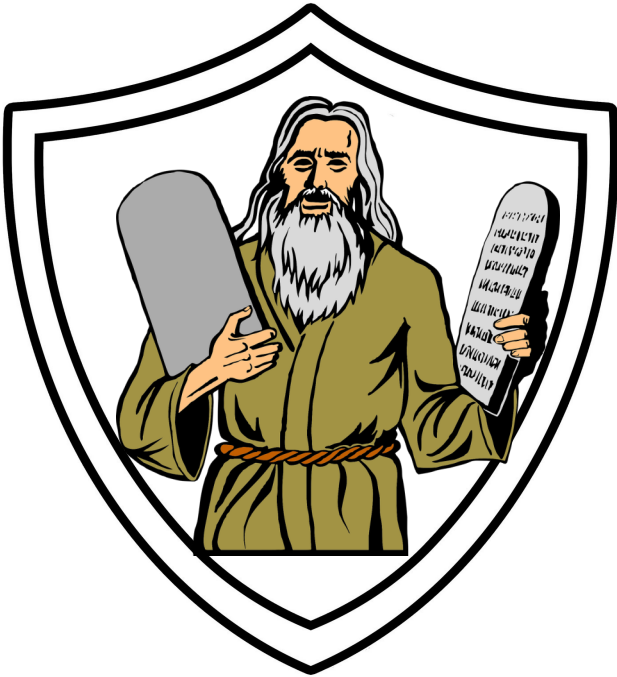
True to what they were entrusted—  
followed directions and kept the rules



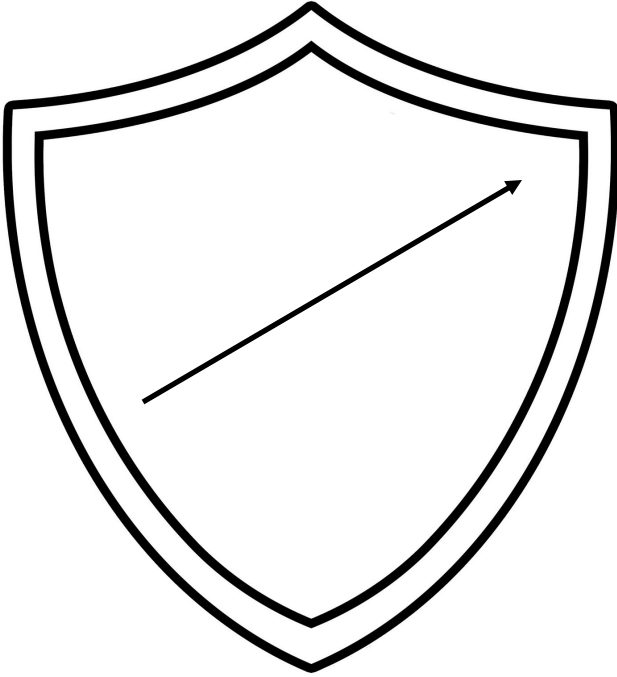
Men of truth— always tell the truth, never  
tell a lie



Soberness— healthy eating habits, moderation



Keep the commandments



Obey with exactness



Taught by their mothers

